



White Bird

#BeBraveChooseKind
DEVOTIONAL



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Intended for use after watching **WHITE BIRD**, this devotional offers biblically-based discussion resources geared toward middle schoolers and youth groups. It is designed to deepen understanding and encourage reflection on the film, whether used for personal or group study.

OVERVIEW

Julian is struggling to find his place after being expelled from school for his treatment of Auggie Pullman. His journey takes a turn when his grandmother shares her life story with him. She recounts her experiences as a young girl in Nazi-occupied France, where a boy named Julien risked everything to shelter her from mortal danger. Through this story of first love, hope, and the courage to be kind, Julian learns how a single act of kindness can endure forever.

DAY ONE

CHOOSE KIND

We've all been in situations where it feels easier to blend in than to stand out. The pressure to conform can be intense. In **WHITE BIRD**, Julian is a former bully who is now struggling to find his place after being expelled.

Julian's grandmother shares her life story, revealing how a young boy risked everything to shelter her from the Nazis. This story transforms Julian, helping him see the power of kindness in a new light.

As followers of Christ, we are called to show kindness even when it's difficult. Jesus' life is a perfect example of this courageous love. We can choose to stand out by reflecting His compassion and grace, even in challenging circumstances.

REFLECTION QUESTIONS:

- Think of a time when you felt pressured to fit in, even though it meant compromising your beliefs. How did you respond?
- How can you follow Jesus' example of showing love and compassion, even when it might lead to criticism or resistance?
- Who in your life might need to see an example of courage and kindness right now?

SCRIPTURE

- "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Ephesians 4:32 (NIV)
- "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." Galatians 5:22-23 (NIV)

DAY TWO

THE POWER OF STORY

Stories can change us, open our eyes to new perspectives, and inspire us to live differently. In **WHITE BIRD**, Julian's transformation begins when he hears his grandmother's story of survival during the Holocaust. The bravery and the kindness of the boy who sheltered her are what ultimately help Julian see the world—and his own actions—through a new lens.

As Christians, we know the transformative power of stories because we are part of the greatest story ever told—the story of God's love for us, shown through Jesus. The Bible is filled with stories that teach, inspire, and guide us. Jesus Himself used parables to convey deep truths, knowing that stories have a unique way of reaching our hearts and minds.

When we listen to others' stories, we gain empathy and understanding, seeing the world through their eyes. When we share our own stories—our testimonies of faith, struggle, and redemption—we give others a glimpse of God's work in our lives.

REFLECTION QUESTIONS:

- How has someone else's story impacted your life? What did you learn from it?
- If you were to share your own story, what message would you want others to take away? How can your personal testimony point others to the hope and love found in Christ?
- In what ways can you use storytelling to encourage and uplift others, especially those who might be struggling?

SCRIPTURE

- "Let the redeemed of the Lord tell their story—those he redeemed from the hand of the foe." Psalm 107:2 (NIV)
- "They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death." Revelation 12:11 (NIV)
- "Jesus spoke all these things to the crowd in parables; he did not say anything to them without using a parable." Matthew 13:34 (NIV)

DAY THREE

BE BRAVE

Imagine risking your life to protect someone else. In **WHITE BIRD**, Julien and his parents do just that, sheltering Julien's Jewish classmate from the Nazis during World War II. Their bravery reminds us that courage often means standing up for others, even when it's dangerous or unpopular.

As Christians, we're called to stand up for what's right, even when it's difficult. Jesus Himself modeled this courage by standing up for the marginalized and oppressed. You may not be facing life-or-death situations, but every day offers opportunities to practice this kind of bravery in your school, community, and relationships. Whether it's defending someone who is being bullied, speaking out against injustice, or simply choosing to do the right thing when it's easier not to, God calls us to be courageous.

REFLECTION QUESTIONS:

- Have you ever had to stand up for someone or something when it was difficult?
- How can you rely on God's strength to practice courage in your daily life?
- Who in your life could use your support and encouragement right now?
How can you show them the love of Christ by standing up for them?

SCRIPTURE

- "Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." Joshua 1:9 (NIV)
- "Speak up for those who cannot speak for themselves, for the rights of all who are destitute. Speak up and judge fairly; defend the rights of the poor and needy." Proverbs 31:8-9 (NIV)
- "The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid?" Psalm 27:1 (NIV)

DAY FOUR

HOPE

Hope is a powerful force. Throughout the Bible, God reassures us that our hope in Him is never in vain.

In **WHITE BIRD**, Sara has been living in Julien's barn for some time. The world around them has darkened; people have died or disappeared, and it has become increasingly dangerous to hide from the Nazis. In the middle of all of this, there is a touching moment when Julien is comforted by Sara. She gives him a drawing of a white bird, which becomes a powerful symbol of hope in the darkness.

God gives us symbols and experiences that remind us of His presence and promises. If you have a relationship with Jesus, hope isn't just a nice idea—it's a deep, steady assurance that He is with you no matter what. When life gets tough and we face struggles, it's these moments of hope that keep us going.

REFLECTION QUESTIONS:

- What is a symbol or experience that represents hope in your life? How does it remind you of God's faithfulness?
- Think back to a time when someone comforted you in a difficult moment. How did their support reflect God's care in your life?
- Do you have a Bible verse that offers you hope during challenging times? How does it encourage you?

SCRIPTURE

- "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." Isaiah 40:31 (NIV)
- "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." Romans 15:13 (NIV)
- "The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged." Deuteronomy 31:8 (NIV)



HAILEY JULIA

Hailey Julia rose to prominence on TikTok by sharing her faith, now reaching over 1.4 million followers across social media. With a unique blend of spirituality and humor, she continues to inspire others while expanding her influence into the realm of movies and television.

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Joe Navarro is from Dallas Texas. He loves making funny relatable Christian content and spreading the name of Jesus!

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JACOB AND JULIA PETERSEN

Jacob and Julia Petersen are Christian content creators, who share their faith and relationship on social media. With a collective following of over 4.5 million people across the world, Jacob and Julia's mission is to share the love of Jesus with all who come across them both in real life and on social media.

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